



## Community club links

### East Harling Athletics club

Harling Sports Ground, Church Road, East Harling, Norfolk, NR16 2NB.  
Training available for children aged 7 or above.  
Mondays 7-8pm  
Saturdays 9-10:30am  
Satellite club Tuesdays 7-8:15pm Old Buckenham High School  
Contact details: [harlingathletics@gmail.com](mailto:harlingathletics@gmail.com)  
Website: <https://www.harlingac.com/>

### Attleborough Athletics Academy

Gaymers Meadow, Attleborough, Norwich, NR17 2QZ.  
Training available for children aged 6 or above  
Mondays 7-8 pm  
Saturdays 9-10.30 am  
Contact details: [Attleboroughathleticsacademy@gmail.com](mailto:Attleboroughathleticsacademy@gmail.com)  
Website: [www.attleboroughathletics.co.uk](http://www.attleboroughathletics.co.uk)

### City of Norwich Athletics club

UEA Sportspark, Norwich NR4 7TJ  
Training available for children aged 8 and above,  
April to September: Wednesday evenings and Saturday mornings  
October to March: Thursday evenings and Saturday mornings  
Contact details: [academy@conac.org.uk](mailto:academy@conac.org.uk) .  
Website: <https://conac.org.uk/junior/>

### Beccles and Bungay Harriers

Earsham Playing Field (Winter Months) or Bungay High School Track (Summer Months) Tuesdays 6.45-8pm Junior development endurance aged 7-12 years)  
Sir John Leman High School – Track Thursdays 6.45-8pm. Junior development endurance aged 7-12  
Fridays 5.45-6.45 core strength for juniors and seniors (Earsham Village Hall)  
Contact details: [bbac2014@outlook.com](mailto:bbac2014@outlook.com).  
Website: [www.becclesandbungayharriers.org.uk](http://www.becclesandbungayharriers.org.uk)

### Diss and District Athletics club

Diss Sports Group, Shelfanger Road, Diss, IP22 4XU  
Track & Field training takes place at Diss Sports Ground every Tuesday and Thursday, from 6.30pm to 8pm. However, in the winter, Thursday's training session moves indoors to Diss High School where members have the chance to hone their talents in Sportshall athletics.  
Contact details: [dissathleticsclub@gmail.com](mailto:dissathleticsclub@gmail.com)  
Website: <http://www.dissanddistrictathleticsclub.co.uk/>