

RSHE

Flourish and grow with responsibility, respect and resilience.

“As I have loved you, so you must love one another.”

John 13:34

RSHE Intent:

At Harleston CE Primary Academy, we believe that high-quality relationship, social and health education (RSHE) lessons enable our children to become healthy, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We recognise that RSHE education helps children to achieve their academic potential and leave school equipped with skills they will need in later life. We also provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a positive member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

The aims of RSHE education is to provide pupils with:

- ❖ Accurate and relevant knowledge that directly meets their needs, taught through accessible resources and non-judgemental approaches.
- ❖ Opportunities to turn that knowledge into personal understanding.
- ❖ Opportunities to explore, clarify and, if necessary, challenge their own and others' values, attitudes, beliefs, rights and responsibilities.
- ❖ The skills and attributes they need in order to stay healthy, safe and to prepare them for life and work in the real world.

Implementation:

- ❖ Weekly RSHE lessons delivered using a clear and comprehensive scheme of work in line with the National Curriculum.
- ❖ The school curriculum will focus on 7 different strands: Sex and relationship education (SRE), Drug, alcohol and tobacco education (DATE), Keeping safe and managing risk, Mental health and emotional wellbeing, Physical health and wellbeing, Careers, financial capability & economic wellbeing and Identity, society and equality. The Scheme of work also includes opportunities to link British Values, SMSC and schools Key skills into the curriculum.
- ❖ Knowledge Organisers are being developed so that children have access to key knowledge, language and meanings in order to understand RSHE and to use across the wider curriculum.
- ❖ Opportunities for children to make a positive contribution and develop their sense of self-esteem by contributing to school life and the wider community, for example by taking part in special fundraising or awareness events.
- ❖ Opportunities to make cross curricular links to ensure full coverage of the RSHE scheme of work and also flexibility for teachers to teach RSHE as a result of an issue which has arisen in their own class.

Impact:

Our RSHE Curriculum is high quality, well thought out and is planned to demonstrate progression of knowledge. If children are keeping up with the curriculum, they are deemed to be making good or better progress. In addition, we measure the impact of our curriculum through the following methods:

- ❖ A reflection on standards achieved against the planned outcomes;
- ❖ Pupil discussions about their learning

- ❖ Pupil consultation is used to evaluate understanding and to further develop the RSHE curriculum, through the questioning of pupil's views and attitudes to RSHE to ensure it meets the current needs of all pupils.