

RSHE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS						
Year 1	Physical health and wellbeing Fun times	Keeping safe and managing risk Feeling safe	Identity, society and equality Me and others	Drug, alcohol and tobacco education What do we put into and on to bodies?	Mental health and emotional wellbeing Feelings	Careers, financial capability & economic wellbeing My money
Year 2	Physical health and wellbeing What keeps me healthy?	Mental health and emotional wellbeing Friendship	Sex and relationship education Boys and girls, families	Sex and relationship education Boys and girls, families	Keeping safe and managing risk Indoors and Outdoors	Drug, alcohol and tobacco education Medicines and me
Year 3	Drug, alcohol and tobacco education Tobacco is a drug	Keeping safe and managing risk Bullying – see it, say it stop it	Mental health and emotional wellbeing Strengths and challenges	Identity, society and equality Celebrating difference	Careers, financial capability and economic wellbeing Saving, spending and budgeting	Physical health and wellbeing What helps me choose
Year 4	Identity, society and equality Democracy	Drug, alcohol and tobacco education Making choices	Physical health and wellbeing What is important to me?	Keeping safe and managing risk Playing safe	Sex and relationship education Growing up and changing	Sex and relationship education Growing up and changing
Year 5	Physical health and wellbeing In the media	Identity, society and equality Stereotypes, decimation and including prejudice (including tackling homophobia)	Keeping safe and managing risk When things go wrong	Mental health and emotional wellbeing Dealing with feelings	Drug, alcohol and tobacco education Different influences	Careers, financial capability and economic wellbeing Borrowing and earning money
Year 6	Sex and relationship education Healthy relationships / How a baby is made	Sex and relationship education Healthy relationships / How a baby is made	Drug, alcohol and tobacco education Weighing up risk	Identity, society and equality Human rights	Mental health and emotional wellbeing Healthy minds	Keeping safe and managing risk Keeping safe – out and about. FGM